

Anal Sex

Did You Know

Anal sex is riskier than vaginal sex

Risk Elements

- The lining of the rectum is delicate and can tear easily.
- Anal sex can damage the lining of the rectum, allowing HIV in the semen to enter the bloodstream.
- Tears in the rectum can increase chances of getting infected with HIV and other sexually transmitted infections (STIs).

Strategies to Prevent Infection

- Always use a condom with lots of water-based lubricant. Do not use petroleum jelly, such as Vaseline, or oils.
- In addition to using a condom and lubricant, to avoid tearing the anus, talk to your client and persuade him to go slow. This way tearing of the anus will be less likely.

Having anal sex without a condom increases the chances of becoming infected with HIV or transmitting HIV. The risk of HIV being transmitted through anal sex is about 18 times higher than for vaginal sex.

Use a new condom when you switch from anal to vaginal sex. If you do not, you risk getting an STI like HIV.

For more information and questions concerning the contents of this brochure

Contact

Botswana HIV-MARPs Project

Tel: +267- 3188135

In Tlokweng, please contact:

Nkaikela Youth Group Tel: 267- 3911029

In Gaborone, please contact:

Botswana Council of Churches Tel: 267- 3170432

In Selibe-Phikwe, please contact:

Silence Kills Support Group Tel: 267- 2622317

In Francistown, please contact:

Matshelo Community Development Association Tel: 267- 2410295
True Men Trust Tel: 267- 2415529

In Kasane, please contact:

Tebelopele Tel: 267- 6250488
BOFWA Tel: 267- 6252253

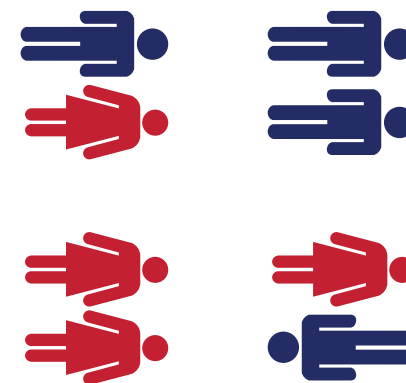
Illustrations: Samson Setumo

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Risky Sexual Behaviours

Botswana HIV-MARPs Project



USAID
FROM THE AMERICAN PEOPLE



BOTSWANA AND AMERICANS
IN PARTNERSHIP TO FIGHT HIV/AIDS

Let's Talk About Sex

Sex is natural and should be enjoyable. However, with HIV and STIs there are risks that we must know about to protect ourselves.

To protect yourself, you need to know the facts, and know how to avoid becoming infected.

What is Safe Sex?

Safe sex means sexual activities that you can do without passing/getting HIV or STIs to your partner. You can kiss, cuddle, and massage each other. But if you have any cuts or sores on your skin, make sure they are covered with a bandage.

What is Safer Sex?

Safer sex means using protective measures such as a condom during sex. However, a condom is not 100% safe, because condoms can break. Condoms can be effective when they are used correctly and consistently.

Oral sex (kissing, licking, or sucking the sexual parts of your partner) carries some risk of HIV infection. For example, if you suck on the penis of an infected man, infected fluid could get into your mouth. The virus could then get into the blood. If you have bleeding gums or tiny sores in your mouth, the risk is even higher. The same is true if infected sexual fluids from a woman get into the mouth of her partner. But the risk of infection from oral sex is generally low.

Oral Sex

Heela choma, guess what, I hit a mother of all jack pots...



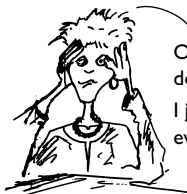
: Yes... gorileng, o bone Jwaato ya mohumi..



: Gatwe mohumi...but yes you can say that... ene e le Jwaato ya boza..he was such a darling ...he didn't want sex... o ne a batla go goriwa fela.. a kere o a e bona stock sweets...and he paid me bucks.. money for no sex, ke lantha ke go bona..

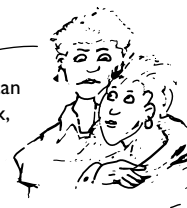
You hold it right there my friend. Did you say no sex?

Hell no, you just had sex with a capital S-E-X. The million dollar question is...did you use protection or not?



O abo oreng ne mma wena o ntshosa, what do you mean I had sex? Kare, I just used my hand and my tongue. I did not even undress...why do i need protection?

Do not be fooled, my friend. You can still get STIs when you do oral sex, so you got to protect yourself.



Facts about Oral Sex

- Oral sex includes sucking and licking the penis (blowjob), the vagina (eating out), and anus.
- You can get gonorrhoea and chlamydia in your mouth or throat from having unprotected oral sex. You can also get gonorrhoea or chlamydia in the anus.
- If you have oral sex, use a condom and avoid getting sexual fluid/semen in your mouth.

Double Condoms

Lebo tlhe mma give me some condoms...four will do...fast please eseng jalo jwaatonyana yole wame o ile.. ke tla thola ke mmona kae gole dry...so.



Hell no..what do you think I am doing...sight seeing? Le nna mma ke batla go jwatola... Hey! Didn't you just get 6 condoms? You saw 3 clients. What did you do with so many condoms?



All my condoms are finished ...hey this business of using more than 1 condom e fetsa dicondom...but what can i do...I need double condoms to be double safe...



: Ware double what?



You are not serious waitse..e le gore ga o itse double condoms.. nna mma re a thataganya...to be safe!



Lord have mercy... you should be saying 'double trouble' instead of double safe...



You have lost me... what do you mean trouble..?



Rub your hands together for a moment...go on do it now...what do you feel?



Heat...

Exactly... what do you think heat from friction will do to your double condoms, heh?



Oh my God, you are a genius...the two condoms rub against each other and may break due to heat from friction...hei, go bolelelwa ruri gotwe what you do not know can kill you ...no more double condoms for me.. Thanks mmata..

Using double condoms increases the risk of condoms breaking leaving you unprotected. Do Not Use Double Condoms!